



BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Headquarters : Gole Market Mahanagar, Lucknow - 226006

Registration Number 1-9407/1959-1960

E-mail : upscoutsguides@yahoo.com, Website : www.bsgup.org

Tel. : 0522-4323838, Mob. : 9839392275



Circular No. : SK/SAP-01 / 1040 /2026-27

Date : 28th July, 2026

To,

All the District Secretaries,
Bharat Scouts and Guides.

District Associations (Revenue & University) of the Uttar Pradesh,

All the Head of the Institutions / Departments & All the Adventure Clubs in India



SUB: State Adventure Program at State Training and Adventure Centre, Sheetlakheth, Almora, Uttarakhand The State Adventure Programme is scheduled from October, 2026 to March, 2027.

Dear Sir/Madam,

Greetings from the Bharat Scout and Guide, Uttar Pradesh State Headquarters!

It is a matter of great pleasure to announce the State Adventure Cum Trekking Program of the Bharat Scout and Guide, Uttar Pradesh scheduled at State Training and Adventure Centre, Sheetlakheth Almora. The State Adventure Programme is scheduled from October, 2026 to March, 2027.

Following are the details of the event: -

SL	NAME OF THE EVENT	MONTH	DATES		LAST DATE OF ONLINE REGISTRATION
1	State Adventure Program	Oct-2026	05.10.2026	09.10.2026	01.10.2026
2	State Adventure Program	Oct-2026	10.10.2026	14.10.2026	06.10.2026
3	State Adventure Program	Oct-2026	24.10.2026	28.10.2026	19.10.2026
4	State Adventure Program	Nov-2026	01.11.2026	05.11.2026	25.10.2026
5	State Adventure Program	Dec-2026	06.12.2026	10.12.2026	02.12.2026
6	State Adventure Program	Dec-2026	14.12.2026	16.12.2026	10.12.2026
7	State Adventure Program	Dec-2026	19.12.2026	23.12.2026	15.12.2026
8	State Adventure Program	Jan-2027	04.01.2027	08.01.2027	31.12.2026
9	State Adventure Program	Jan-2027	09.01.2027	13.01.2027	06.01.2027
10	State Adventure Program	Feb-2027	04.02.2027	08.02.2027	01.02.2027
11	State Adventure Program	Mar-2027	13.03.2027	17.03.2027	10.03.2027
12	State Adventure Program	Mar-2027	26.03.2027	30.03.2027	23.03.2027

Others Details :

01.	Arrival	The forenoon of the first day.
02.	Departure	The afternoon of the last day.

03.	Contribution for Welfare of Scouts and Guides	i) FOR : SCOUT/GUIDE, ROVER/RANGER AND UNIT LEADERS : Total Contribution Rs.3500/- per head. ii) FOR : NON – SCOUT/GUIDE STUDENTS : Total Contribution Rs 3500/- per head. iii) FOR : NON – STUDENTS : Total Contribution Rs. 7500/- per head.
04.	Special Offer's: For Scout/Guide, Rover/Ranger and Unit Leaders	1- For Individual: Participants who register online within the specified time frame will be eligible for a 10% rebate. 2- For Group's : One Unit Leader/Coordinator from the same school/unit will be allowed to participate free of charge with every 10 registered participants. To avail this benefit, the attached Unit Leader/Coordinator Nomination Form must be duly filled and emailed to upscoutsguides@yahoo.com at least 03 days prior to the commencement of the camp. Please note that this benefit is available only after obtaining prior approval from the State Headquarters. No free participation will be permitted without prior approval.
05.	Accommodation/ Food/Activities	Accommodation, food, souvenir and kit will be provided free of cost by the BSGUP. All activities including trekking, hiking and visit to nature/tourist/religious places will be conducted free of cost by the BSGUP.
06.	Mode of Payment	1-ONLINE TRANSFER (NO CASH) Account Holder - Bharat Scout Guide Up Account No - 11764947473 IFSC Code - SBIN0007313 Bank - State Bank of India Branch- Shitlakheth  (Original Bank Pay- In – Slip should be submitted along with the applications at the time of Registration)
07.	Registration Proses	Registration for the camp can be done through Our official website www.bsgup.org or via link and QR code provided below. Click on the link to apply. https://forms.gle/sZF8CciJSfbQWdkY8 
08.	Who can Participate	1- Open to all Male / Female age group 12-50 years. 2- Members of Adventure Club, School Group, Youth Organization and members of Bharat Scouts and Guides. 3- Medically and physically fit and can bear the strain of Trekking for 12 K.M per day. 4- One Escort must be deputed with a group of 8-15 Boys/ Girls. 5- Lady Escort must be deputed with the female participants. 6- Student without Escorting Teacher will not be allowed. 7- Escorts should also Register and Pay the Full Camp Fee along with Application, Risk and Medical Certificate. 8- The maximum age limit for Escorting Teacher is 50 years (Male / Female)

09.	Programmes	1. RUSSIAN WALL 2. NET BRIDGE 3. SINGLE LADDERS CROSSING BRIDGE 4. LOG HANGING 5. FIYING TYRE CROSSING 6. VALLEY CROSSING 7. HORIZONTAL TYRE BRIDGE 8. LOOP HANG CROSSING 9. CROSS WALK BRIDGE 10. BURMA BRIDGE 11. SKY CYCLING 12. ZIP LINE 13. ARTIFICAL WALL CLIMBING/ RAPPEALING Ground Level Obstacle : 1. LOG BALANCING 2. ZIG ZAG PLANK WALKING 3. MONKEY CRAWAL 4. COMMANDO BRIDGE 5. BALANCING ON TIGHT ROPE 6. HORIZONTAL LADDER 7. HANGING HORIZONTAL LADDER 8. VERTICAL ROPE LADDER 9. TARZAN SWING 10. TYRE WALL 11. TIGHT ROPE WALK 12. TYRE CHIMNEY 13. BAMBOO WALL 14. NET CRAWLING 15. SLOTH WALK 16. GROUND TYRE JUMP 17. TYRE TUNNEL 18. BALANCING BEAM 19. ARCHERY 20. SHOOTING (AIR PISTOL/RIFFLE) Trekking, introduction of Scouting/Guiding, Nature Study, Camp Fire, Cultural Program etc. (Program may be changed with any notice as per the situation)
10.	Kits to Brings	1- T-shirt, Jeans and Tracksuits, Extra wearing clothes and costumes for cultural items. 2- One set correct and complete uniform as per APRO Part- II & III.(For Uniform members only) 3- Warm Clothes, Jackets, Sweeter, Hand Gloves. 4- Hunter/ Sport Shoes, Extra Pairs of Socks and Slippers, Plate(Thali) Glass or Mug, Spoon, Water Bottle. 5- Personal Toiletries, Cold Cream, Odomas, Torch, Note book, PenFirst Aid Kit Sleeping Bag/ Blankets.
11.	Accommodation	Tent and Rooms for Participants and Escorting teachers at the campus of the Adventure Centre.
12.	Weather	During winter, lowest temperature is around 0°C – 03°C and in summer maximum temperature is around 30°C. Hence, it is advised to carry sufficient warm clothing during winter.
13.	How to reach	The nearest Railway Station is Haldwani , The distance from Haldwani to Sheetlakheth is 90 KM. Buses are available in Haldwani Bus Stand.
14.	Original Document to be submitted after arrival *Mandatory	1- Two recent stamp size color photograph. 2- Application form signed by Participants. 2- Medical Fitness Certificate and Risk Certificate. 3- Parent consent in case of minors.

		4- Copy of Aadhaar card / Identify proof of Institution.
15.	Risk Management	Bharat Scout and Guide, Uttar Pradesh take every care of the participants sincerely, but Bharat Scout and Guide, Uttar Pradesh, State Training and Adventure Institute, Sheetlakheth will not be held responsible for any accident, illness or injury during the program. The Escorting teachers should take extra care of their students before the camp, during the camp and after the camp.
16.	Health	1- Medical Checkup should be done strictly. 2- General Medicines and First Aid will be available at the Camp Site. Extra medicines for individuals if any will be purchased by the person concerned.
17.	Other Information's	1- Without selection letter/Mail participants will not be admitted in the camps. 2- Sheetlakheth is a polythene free area. Hence no one should bring polythene bags with them.
18.	Contact	Website: www.bsgup.org Email: stcsheetlakhethbsgup@gmail.com Office: 9838726066
19.	Available Seats	Limited seats available at our Adventure Centre—only 150 spots! Register now; spots will be filled on a first-come, first-served basis.

Looking forward your patronage for promotion of Adventure among the youth. Your kind co-operation is highly solicited by deputing interested candidates.

With regards,

Yours Sincerely,


(ANAND SINGH RAWAT)
State Secretary
 Bharat Scout and Guide, Uttar Pradesh

Encl.: Application Form, Medical & Risk Certificate.

Copy to:-

1. State Chief Commissioner, Bharat Scout and Guide, Uttar Pradesh
2. All the SHQ Office Bearers of the Bharat Scout and Guide, Uttar Pradesh State Headquarters.
3. All District Magistrate Uttar Pradesh.
4. All JD's, DIOS, and BSA, Uttar Pradesh.
5. All DCC's, ASOC (S/G), District Secretary, DOC's, DTC's and DSM's of Bharat Scout and Guide, Uttar Pradesh.
6. Adventure Coordinator/Centre Manager, STAC, Sheetlakheth, Almora.
7. IT Department, Bharat Scout and Guide, Uttar Pradesh.



BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Headquarters : Mahanagar, Lucknow

State Adventure Cum Trekking Program Application form

Date :

Place : State Training and Adventure Centre, Sheetlakhet Almora.

Application For :

- SCOUT/GUIDE, ROVER/RANGER AND UNIT LEADERS
- NON - SCOUT/GUIDE STUDENTS
- NON - STUDENTS

PHOTO

1. Name : (हिंदी में) :

Name (Capital Letters) :

2. Father's :

3. Date of Birth : *BSG UID

4. Address :

Pin Code

5. District :

6. Mobile No. : Whatsapp No :

7. Email ID :

8. Adhaar No. :

9. Blood Group : Gender

10. Education Quatification : Scouting/Guiding Qualification:.....

11. Hobbies:

Date :

(Participants Signature)

=====For Office Use =====

- Contribution for Welfare of Scouts and Guides Rs. : _____ UTR No _____
- Total Amount : _____ Receipt _____ Date _____

Centre Manager

Leader of the Camp



BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Headquarters : Mahanagar, Lucknow

Unit Leader/Coordinator Nomination Form

(For Complimentary Participation with Every 10 Registered Participants)

Camp Name: _____

Camp Dates: _____

Reporting Date: _____

A. SCHOOL / UNIT DETAILS

Name of School / Unit: _____

District: _____

Mobile No.: _____ Email: _____

B. REGISTERED PARTICIPANTS

Sl. No.	Name of Student	School / Unit	Fee Deposited (₹)	Date of Deposit
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				

Total Registered Participants: _____

C. NOMINATED UNIT LEADER / COORDINATOR

Name: _____

Designation: _____

Mobile No.: _____ Email: _____

DECLARATION

I hereby certify that the above information is true and correct. I understand that the complimentary participation benefit is applicable only for one Unit Leader/Coordinator from the same School/Unit for every 10 registered participants and is subject to prior approval from the Bharat Scouts and Guides, Uttar Pradesh State Headquarters.

I further understand that this form must be submitted by email to upscoutsguides@yahoo.com at least three (03) days before the commencement of the camp, and no complimentary participation shall be allowed without written approval from the State Headquarters.

Signature of Principal / Head of Institution

Date: _____

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Eligible Participants Verified: ☐ Yes ☐ No

Complimentary Benefit Approved: ☐ Yes ☐ No

Approved By: _____

BHARAT SCOUT AND GUIDE, UTTAR PRADESH

State Training Centre and Adventure Institute

MEDICAL CERTIFICATE

CAMP NAME : _____

CAMP DATE : _____ to _____

CAMP PLACE : _____

1. Name : _____

2. Address : _____

3. Height : _____ Weight: _____ Blood Group : _____ Age : _____

4. Present/Past illness of Significance : _____

5. Injuries / Operations undergone and present condition : _____

6. Any known allergy to drugs or food stuff

7. Is the Applicant Suffering from

(i)	Any Infectious disease	Yes / No
(ii)	Any Skin disease	Yes / No
(iii)	Mental disease	Yes / No
(iv)	Heart Trouble	Yes / No
(v)	Asthma/Respiratory Diseases	Yes / No
(vi)	Any other disease/defect	Yes / No
(vii)	Any Major Fracture in the Past	Yes / No

8. I, on this date _____ have examined Mr./Miss _____ and found Him / Her medically fit/unfit to undergo an Adventure Programme in mountains.

Signature of the Candidate

Medical Officer
Registration Number &
Designation Office Seal

Date: _____

RISKCERTIFICATE/PARENT-CONSENT

It is certified that my son/daughter / ward Mr/ Miss _____ is joining the Sheetalakhet Centre Adventure Programme with my consent and the organizers shall not be responsible for any illness, injury or accident during the event or journey periods for the purpose. It is further certified that he/she is physically fit to undergo the said Adventure Programme.

Signature of Parent / Guardian

Relationship with participant : _____

Name : _____

Address _____

Aadhar No: _____

Mobile No _____ Date _____

Nature Study Cum Trekking

Explore the beauty of nature while trekking through scenic trails! Discover local flora, fauna, and breathtaking landscapes as you learn about the environment. Perfect for nature lovers, this activity combines fun, fitness, and environmental awareness. An unforgettable journey awaits!

Energizing Morning Activities



> Zumba Sessions :-



> BP Six Exercises :-



> Sunrise Yoga & Meditation:-

SIGHTSEEING

Panoramic Himalayan Views



Sunset Views



Haidekhan Babaji



STC SHEETLAKHET CENTRE



Syahi Devi Temple



Historical Dak Bangla



DEV VAN



How to Book

1. Go to our official website: www.bsgup.org. Navigate to the Adventure Section
2. Click on the Adventure tab. You will be redirected to the Adventure Website.
3. Locate the Activity Calendar Table Scroll down the page until you find the Activity Calendar Table.
4. Select Your State Adventure Program Review the available programs and select the one that suits your preferences.
5. Click on Book Now next to your chosen program. Complete the Registration Form
6. Click on submit, your registration will be successfully submitted.

Our Services



FOOD HOSTEL SAFETY GIFT'S

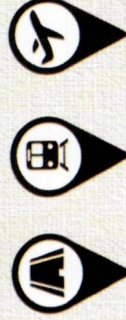
Contact Us

E-mail - upscoutguides@yahoo.com

Mobile No. -

whatsapp No. - 8707324182

How to Reach



By Road By Train By Air

By Road Then You Will have to go to Kathgodam Via Haridwar And Then Come To Sheetlakheta. It is a Convenient and Easy Route.

By Train You Have to Reach Kathgodam Railway Station By Train. After That Sheetlakheta is 10.3km From There. You Can Take Any Taxi Or Bus From There.

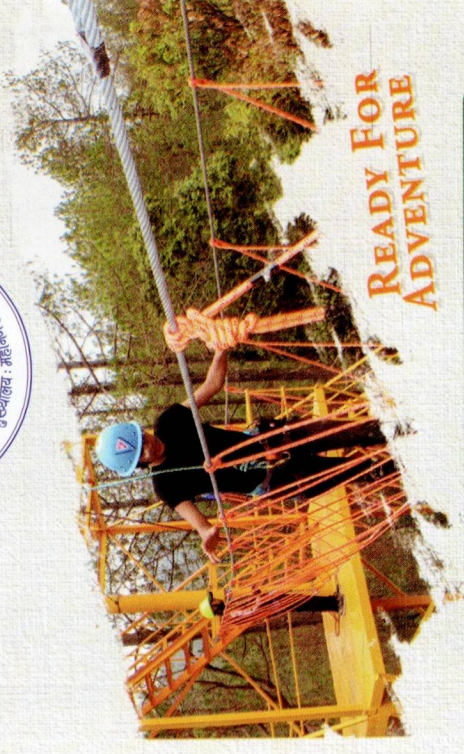
By Air You Will Have to Reach The Nearest Airport Pantnagar Airport. After That Sheetlakheta is 10.3km From There. You Can Take Any Taxi Or Bus From There.

BHARAT SCOUT AND GUIDE UTTAR PRADESH



**Bharat Scout and Guide Uttar Pradesh
State Training/**

Adventure CENTRE



**READY FOR
ADVENTURE**

Visit Here - www.bsgup.org

Introduction of STAC

Nestled in the serene hills of Sheetlakheth, Almora, the State Training and Adventure Centre of Bharat Scouts and Guides, Uttar Pradesh, stands as a hub of skill-building and outdoor adventure. Under the visionary leadership of Dr. Mahendra Kumar Singh, President, and Dr. Prabhat Kumar, State Chief Commissioner, the centre blends the values of scouting with the thrill of exploration and learning.

The centre offers a range of adventure programs, providing participants with unforgettable experiences amidst the stunning Himalayan landscape. Designed to foster teamwork, resilience, and leadership, these activities are complemented by interactive training sessions that empower young minds with life skills and environmental awareness.

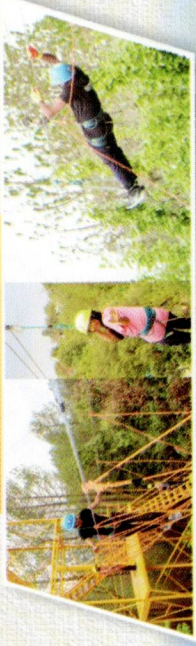


ADVENTURE ACTIVITIES

HIGH ROPE ACTIVITY

Feel the thrill as you navigate suspended bridges, rope ladders, and swinging logs at daring heights! Perfect for all skill levels, this adrenaline-pumping activity boosts confidence, teamwork, and fun. Safe, guided, and unforgettable—dare to rise above!

ZIP LINE SKY CYCLING VERMA BRIDGE LOOP HANGING
CROSS HANGING HORIZONTAL LADDER HANGING BRIDGE
LOG HANGING TIRE HANGING ROPE HANGING RAPPLING
TIRE BRIDGE NET BRIDGE VALLEY CROSSING CLIMBING



GROUND LEVEL ACTIVITY

Test your agility and strength with exciting ground-level obstacles like balance beams, crawling tunnels, rope webs, and tire hurdles. Designed for all ages, these activities build teamwork, coordination, and determination. Fun, safe, and energizing—get ready to power through!

LOG BALANCING PLANK WALK TIRES CHIMNEY ZIG ZAG TIRES WALK
MONKEY CRAWL TIRE TUNNEL COMMANDO BRIDGE MONKEY BAR ARCHERY
COMMANDO WALL CLIMBING HORIZONTAL LADDER WALK
STILT BALANCING RUSSIAN WALL TIRE JUMPING RIFLE SHOOTING
NET CRAWLING SLOT WALK VERTICAL ROPE LADDER TARZAN SWING

