



# BHARAT SCOUT AND GUIDE, UTTAR PRADESH

State Headquarters : Gole Market Mahanagar, Lucknow - 226006

Registration Number 1-9407/1959-1960

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Circular No. : SK/SAP-01 / 2346 /2025-26

Date : 02 Feb. 2026

To,

All the District Secretaries,  
Bharat Scouts and Guides.

District Associations (Revenue & University) of the Uttar Pradesh,

All the Head of the Institutions / Departments & All the Adventure Clubs in India



**SUB: State Adventure Program at State Training and Adventure Centre, Sheetlakheta, Almora, Uttarakhand from Apr. 2026 to Jun. 2026.**

Dear Sir/Madam,

Greetings from the Bharat Scout and Guide, Uttar Pradesh State Headquarters!

It is a matter of great pleasure to announce the State Adventure Programme of the Bharat Scout and Guide, Uttar Pradesh scheduled at State Training and Adventure Centre, Sheetlakheta Almora. The State Adventure Programme is scheduled from Apr. 2026 to Jun. 2026 are furnished hereunder:

Following are the details of the event: -

SL	NAME OF THE EVENT	MONTH	DATES		LAST DATE OF REGISTRATION
1	State Adventure Program	Apr-26	08.04.2026	12.04.2026	05.04.2026
2	State Adventure Program	Apr-26	26.04.2026	30.04.2026	23.04.2026
3	State Adventure Program	May-26	03.05.2026	07.05.2026	01.04.2026
4	State Adventure Program	May-26	10.05.2026	14.05.2026	06.05.2026
5	State Adventure Program	May-26	16.05.2026	20.05.2026	13.05.2026
6	State Adventure Program	May-26	21.05.2026	25.05.2026	18.05.2026
7	State Adventure Program	Jun-26	02.06.2026	06.06.2026	29.05.2026
7	State Adventure Program	Jun-26	08.06.2026	12.06.2026	05.06.2026
7	State Adventure Program	Jun-26	18.06.2026	22.06.2026	12.06.2026
10	State Adventure Program	Jun-26	22.06.2026	26.06.2026	18.06.2026

01.	<b>Arrival</b>	The forenoon of the first day.
02.	<b>Departure</b>	The afternoon of the last day.
03.	<b>Contribution for Welfare of Scouts and Guides</b>	<p>i) <b>FOR : SCOUT/GUIDE, ROVER/RANGER AND UNIT LEADERS : Total Contribution Rs.3500/- per head.</b></p> <p>ii) <b>FOR : NON – SCOUT/GUIDE STUDENTS : Total Contribution Rs 3 5 0 0 /- per head.</b></p> <p>iii) <b>FOR : NON – STUDENTS : Total Contribution Rs. 7 5 0 0 /- per head.</b></p>

04.	<b>Special Offer's: For Scout/Guide, Rover/Ranger and Unit Leaders</b>	<p><b>1- For Individual:</b> Participants who register online within the specified time frame will be eligible for a 10% rebate.</p> <p><b>2- For Group's :</b> One unit leader/coordinator can participate for free with every 10 registered participants. Prior approval is required to avail of this benefit.</p>
05.	<b>Accommodation/ Food/Activities</b>	<b>Accommodation, food, souvenir and kit will be provided free of cost by the BSGUP. All activities including trekking, hiking and visit to nature/tourist/religious places will be conducted free of cost by the BSGUP.</b>
06.	<b>Mode of Payment</b>	<p>1-ONLINE TRANSFER (NO CASH)  <b>State Secretary, U.P. Bharat Scouts &amp; Guides</b>  <b>Account No - 10122401342</b>  <b>IFSC Code - SBIN0006144</b>  <b>Bank - State Bank of India</b>  <b>Branch- Jawahar Bhawan, Lucknow</b>          (Original Bank Pay- In – Slip should be submitted along with the applications at the time of Registration)</p>
07.	<b>Registration Proses</b>	<p>Registration for the camp can be done through Our official website <a href="http://www.bsgup.org">www.bsgup.org</a> or via link and QR code provided below.</p> <p><b>Click on the link to apply.</b>  <a href="https://forms.gle/i2du9o9mC4XHg5Pt8">https://forms.gle/i2du9o9mC4XHg5Pt8</a></p> 
08.	<b>Who can Participate</b>	<ol style="list-style-type: none"> <li><b>1-</b> Open to all Male / Female age group 12-50 years.</li> <li><b>2-</b> Members of Adventure Club, School Group, Youth Organization and members of Bharat Scouts and Guides.</li> <li><b>3-</b> Medically and physically fit and can bear the strain of Trekking for 12 K.M per day.</li> <li><b>4-</b> One Escort must be deputed with a group of 8-15 Boys/ Girls.</li> <li><b>5-</b> Lady Escort must be deputed with the female participants.</li> <li><b>6-</b> Student without Escorting Teacher will not be allowed.</li> <li><b>7-</b> Escorts should also Register and Pay the Full Camp Fee along with Application, Risk and Medical Certificate.</li> <li><b>8-</b> The maximum age limit for Escorting Teacher is 50 years (Male / Female)</li> </ol>
09.	<b>Programmes</b>	<p><b>High Rope Activities :</b></p> <ol style="list-style-type: none"> <li>1. RUSSIAN WALL</li> <li>2. NET BRIDGE</li> <li>3. SINGLE LADDERS CROSSING BRIDGE</li> <li>4. LOG HANGING</li> <li>5. FIYING TYRE CROSSING</li> <li>6. VALLEY CROSSING</li> <li>7. HORIZONTAL TYRE BRIDGE</li> <li>8. LOOP HANG CROSSING</li> <li>9. CROSS WALK BRIDGE</li> <li>10. BURMA BRIDGE</li> <li>11. SKY CYCLING</li> </ol>

		<p>12. ZIP LINE 13. ARTIFICIAL WALL CLIMBING/ RAPPELING</p> <p><b>Ground Level Obstacle :</b></p> <ol style="list-style-type: none"> <li>1. LOG BALANCING</li> <li>2. ZIG ZAG PLANK WALKING</li> <li>3. MONKEY CRAWAL</li> <li>4. COMMANDO BRIDGE</li> <li>5. BALANCING ON TIGHT ROPE</li> <li>6. HORIZONTAL LADDER</li> <li>7. HANGING HORIZONTAL LADDER</li> <li>8. VERTICAL ROPE LADDER</li> <li>9. TARZAN SWING</li> <li>10. TYRE WALL</li> <li>11. TIGHT ROPE WALK</li> <li>12. TYRE CHIMNEY</li> <li>13. BAMBOO WALL</li> <li>14. NET CRAWLING</li> <li>15. SLOTH WALK</li> <li>16. GROUND TYRE JUMP</li> <li>17. TYRE TUNNEL</li> <li>18. BALANCING BEAM</li> <li>19. ARCHERY</li> <li>20. SHOOTING (AIR PISTOL/RIFFLE)</li> </ol> <p>Trekking, introduction of Scouting/Guiding, Nature Study, Camp Fire, Cultural Program etc. (Program may be changed with any notice as per the situation)</p>
10.	<b>Kits to Brings</b>	<p><b>1-</b> T-shirt, Jeans and Tracksuits, Extra wearing clothes and costumes for cultural items.</p> <p><b>2-</b> One set correct and complete uniform as per APRO Part- II &amp; III.(For Uniform members only)</p> <p><b>3-</b> Warm Clothes, Jackets, Sweeter, Hand Gloves.</p> <p><b>4-</b> Hunter/ Sport Shoes, Extra Pairs of Socks and Slippers, Plate(Thali) Glass or Mug, Spoon, Water Bottle.</p> <p><b>5-</b> Personal Toiletries, Cold Cream, Odomas, Torch, Note book, PenFirst Aid Kit Sleeping Bag/ Blankets.</p>
11.	<b>Accommodation</b>	Tent and Rooms for Participants and Escorting teachers at the campus of the Adventure Centre.
12.	<b>Weather</b>	During winter, lowest temperature is around 0°C – 03°C and in summer maximum temperature is around 30°C. Hence, it is advised to carry sufficient warm clothing during winter.
13.	<b>How to reach</b>	The nearest Railway Station is <b>Haldwani</b> , The distance from Haldwani to Sheetlakheth is 90 KM. Buses are available in Haldwani Bus Stand.
14.	<b>Original Document to be submitted after arrival</b> <b>*Mandatory</b>	<ol style="list-style-type: none"> <li>1- Two recent stamp size color photograph.</li> <li>2- Application form signed by Participants.</li> <li>2- Medical Fitness Certificate and Risk Certificate.</li> <li>3- Parent consent in case of minors.</li> <li>4- Copy of Aadhaar card / Identify proof of Institution.</li> </ol>

15.	<b>Risk Management</b>	Bharat Scout and Guide, Uttar Pradesh take every care of the participants sincerely, but Bharat Scout and Guide, Uttar Pradesh, State Training and Adventure Institute, Sheetlakheth will not be held responsible for any accident, illness or injury during the program. The Escorting teachers should take extra care of their students before the camp, during the camp and after the camp.
16.	<b>Health</b>	1- Medical Checkup should be done strictly. 2- General Medicines and First Aid will be available at the Camp Site. Extra medicines for individuals if any will be purchased by the person concerned.
17.	<b>Other Information's</b>	1- Without selection letter/Mail participants will not be admitted in the camps. 2- Sheetlakheth is a polythene free area. Hence no one should bring polythene bags with them.
18.	<b>Contact</b>	Website: <a href="http://www.bsgup.org">www.bsgup.org</a> Email: <a href="mailto:stcsheetlakhethbsgup@gmail.com">stcsheetlakhethbsgup@gmail.com</a> Office: 9838726066
19.	<b>Available Seats</b>	<b>Limited seats available at our Adventure Centre—only 80 spots! Register now; spots will be filled on a first-come, first-served basis.</b>

Looking forward your patronage for promotion of Adventure among the youth. Your kind co-operation is highly solicited by deputing interested candidates.

With regards,

Yours Sincerely,



**(ANAND SINGH RAWAT)**  
**State Secretary**  
Bharat Scout and Guide, Uttar Pradesh

**Encl.: Application Form, Medical & Risk Certificate.**

**Copy to:-**

1. State Chief Commissioner, Bharat Scout and Guide, Uttar Pradesh
2. All the SHQ Office Bearers of the Bharat Scout and Guide, Uttar Pradesh State Headquarters.
3. All District Magistrate Uttar Pradesh.
4. All JD's, DIOS, and BSA, Uttar Pradesh.
5. All DCC's, ASOC (S/G), District Secretary, DOC's, DTC's and DSM's of Bharat Scout and Guide, Uttar Pradesh.
6. Adventure Coordinator/Centre Manager, STAC, Sheetlakheth, Almora.
7. IT Department, Bharat Scout and Guide, Uttar Pradesh.



# BHARAT SCOUT AND GUIDE, UTTAR PRADESH

State Headquarters : Mahanagar, Lucknow

## Adventure Program Application form



PHOTO

**Date :**

**Place : State Training and Adventure Centre, Sheetlakheth Almora.**

**Application For :**

- SCOUT/GUIDE, ROVER/RANGER AND UNIT LEADERS
- NON - SCOUT/GUIDE STUDENTS
- NON - STUDENTS

  
  


1. Name : (हिंदी में) : .....

Name (Capital Letters) : .....

2. Father's : .....

3. Date of Birth : ..... \*BSG UID .....

4. Address : .....

..... Pin Code .....

5. District : .....

6. Mobile No. : ..... Whatsapp No : .....

7. Email ID : .....

8. Adhaar No. : .....

9. Blood Group : ..... Gender .....

10. Education Quatification : ..... Scouting/Guiding Qualification:.....

11. Hobbies: .....

Date :

(Participants Signature)

=====For Office Use =====

- Contribution for Welfare of Scouts and Guides Rs. : \_\_\_\_\_ UTR No \_\_\_\_\_
- Total Amount : \_\_\_\_\_ Receipt \_\_\_\_\_ Date \_\_\_\_\_

Accountant

Leader of the Camp

# BHARAT SCOUT AND GUIDE, UTTAR PRADESH

## State Training Centre and Adventure Institute

### MEDICAL CERTIFICATE

CAMP NAME : \_\_\_\_\_  
CAMP DATE : \_\_\_\_\_ to \_\_\_\_\_  
CAMP PLACE : \_\_\_\_\_

1. Name : \_\_\_\_\_

2. Address : \_\_\_\_\_

3. Height : \_\_\_\_\_ Weight: \_\_\_\_\_ Blood Group : \_\_\_\_\_ Age : \_\_\_\_\_

4. Present/Past illness of Significance : \_\_\_\_\_

5. Injuries / Operations undergone and present condition : \_\_\_\_\_

6. Any known allergy to drugs or food stuff

7. Is the Applicant Suffering from

- |       |                                |                |
|-------|--------------------------------|----------------|
| (i)   | Any Infectious disease         | Yes / No       |
| (ii)  | Any Skin disease               | Yes / No       |
| (iii) | Mental disease                 | Yes / No       |
| (iv)  | Heart Trouble                  | Yes / No       |
| (v)   | Asthma/Respiratory Diseases    | Yes / No       |
| (vi)  | Any other disease/defect       | Yes / No       |
| (vii) | Any Major Fracture in the Past | Yes / No ..... |

8. I, on this date \_\_\_\_\_ have examined Mr./Miss \_\_\_\_\_ and found Him / Her medically fit/unfit to undergo an Adventure Programme in mountains.

Signature of the Candidate

Medical Officer  
Registration Number &  
Designation Office Seal

Date : \_\_\_\_\_

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### RISK CERTIFICATE/PARENT-CONSENT

It is certified that my son/daughter / ward Mr./ Miss \_\_\_\_\_ is joining the Sheetlakhhet Centre Adventure Programme with my consent and the organizers shall not be responsible for any illness, injury or accident during the event or journey periods for the purpose. It is further certified that he/she is physically fit to undergo the said Adventure Programme.

Signature of Parent / Guardian

Relationship with participant : \_\_\_\_\_

Name : \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Aadhar No: \_\_\_\_\_

Mobile No \_\_\_\_\_ Date \_\_\_\_\_