

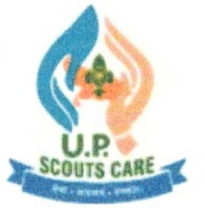


भारत स्काउट्स एण्ड गाइड्स, उ० प्र०

प्रादेशिक मुख्यालय : गोल मार्केट, मद्रास नगर, तखनऊ - 226006

रजिस्ट्रेशन संख्या ए० 1-9407/1959-1960

E-mail : upscoutsguides@yahoo.com, Website : www.bsgup.org मो० नं० : 9839392275



पत्रांक संख्या - STAC/PRG-01/ 949 /2026-27

दिनांक 18.07.2026

To,

All Principals of CBSE & ICSE Board Schools, Government Schools
& Government Aided Schools, Prayagraj Division.

Subject: Invitation for Participation in One Day Adventure Programme at State Training & Adventure Centre, Prayagraj

Dear Sir/Madam,

We are pleased to inform you that we have developed a **State Training & Adventure Centre at Mumfordganj, Prayagraj**, to promote adventure, leadership and outdoor learning among youth. The Centre shall commence its activities from **01 September 2026**.

The Centre will organize **One Day Adventure Programmes** for school students, comprising various **High Rope, Ground Level and Fun Adventure Activities** under the guidance of trained instructors.

You are kindly requested to depute students of your esteemed institution to participate in these programmes and provide them with an opportunity to experience adventure-based learning.

The detailed guidelines and programme details are enclosed herewith for your kind reference.

We look forward to your active participation and cooperation.

With regards,

Yours sincerely,

(Anand Singh Rawat)
State Secretary

Copy to:-

1. State Chief Commissioner, Bharat Scouts and Guides, Uttar Pradesh
2. All the SHQ Office Bearers of the Bharat Scouts and Guides, Uttar Pradesh State Headquarters.
3. All District Magistrate, Prayagraj Division, Uttar Pradesh.
4. All JD's, DIOS, and BSA, Prayagraj Division, Uttar Pradesh.
5. All DCC's, District Secretary, DOC's, DTC's and DSM's of Bharat Scouts and Guides, Uttar Pradesh.
6. ASOC (S), Bharat Scouts and Guides, Uttar Pradesh, Prayagraj Division.



Bsgup official



X.com/bsgup



facebook.com/bsgup.org



instagram.com/bsgup/





BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Headquarters : Mahanagar, Lucknow

ONE DAY ADVENTURE PROGRAMME APPLICATION FORM

PHOTO

Date :

Place : State Training and Adventure Centre, Prayagraj.

Application For :

- SCOUT/GUIDE, ROVER/RANGER AND UNIT LEADERS
- NON – SCOUT/GUIDE STUDENTS
- NON – STUDENTS

1. Name : (हिंदी में) :

Name (Capital Letters) :

2. Father's :

3. Date of Birth :

4. Address/School:

.....Pin Code

5. District :

6. Mobile No. :Whatsapp No :

7. Email ID :

8. Adhaar No. :

9. Blood Group :Gender

10. Education Qualification : Scouting/Guiding Qualification:

11. Hobbies:

Date : (Participants Signature)

=====For Office Use =====

- Contribution for Welfare of Scouts and Guides Rs. : _____ UTR No _____
- Total Amount : _____ Receipt _____ Date _____

Centre Manager/Leader of the Camp

BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Training & Adventure Centre, Prayagraj

ONE DAY ADVENTURE PROGRAMME

MEDICAL CERTIFICATE

- Programme Details

- Programme Date: _____ Venue: State Training & Adventure Centre, Prayagraj

1. Name : _____

2. Address : _____

3. Height : _____ Weight : _____ Blood Group : _____ Age : _____

4. Present/Past illness of Significance : _____

5. Injuries / Operations undergone and present condition : _____

6. Any known allergy to drugs or food stuff : _____

7. Is the Applicant Suffering from

(i) Any Infectious disease Yes / No

(ii) Any Skin disease Yes / No

(iii) Mental disease Yes / No

(iv) Heart Trouble Yes / No

(v) Asthma/Respiratory Diseases Yes / No

(vi) Any other disease/defect Yes / No

(vii) Any Major Fracture in the Past Yes / No _____

8. I, on this date _____ have examined Mr./Miss _____ and found him/her medically **Fit / Unfit** to undergo an Adventure Programme.

Signature of the Candidate

Date : _____

Medical Officer

**Registration Number &

**Designation Office Seal

RISK CERTIFICATE / PARENT CONSENT

It is certified that my son/daughter/ward Mr./Miss _____ is joining the Adventure Programme with my consent and that the organizers shall not be responsible for any illness, injury or accident during the programme or journey period for the purpose. It is further certified that he/she is physically fit to undergo the said Adventure Programme.

Signature of Parent / Guardian

Relationship with Participant : _____

Name : _____

Address : _____

Aadhaar No. : _____

Mobile No. : _____ Date : _____

BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Training & Adventure Centre, Prayagraj

ONE DAY ADVENTURE PROGRAMME

Programme Duration: 08:00 AM – 05:00 PM

Programme Schedule

Time	Activity
08:00 – 08:30 AM	Registration, Welcome & Safety Briefing
08:30 – 09:00 AM	Programme Briefing, Introduction to Adventure Activities, Safety Demonstration & Equipment Orientation
09:00 – 09:15 AM	Warm-up Exercises & Group Formation
09:15 – 09:45 AM	Welcome Refreshment
09:45 – 11:45 AM	Activity – A: High Rope Adventure Activities – Sky Cycle, Zip-line, Wall Climbing & Rappelling
11:45 AM – 01:30 PM	Activity – B: Ground Level Adventure Activities – V-Type Plank Bridge, X-Type Plank Bridge, Burma Bridge, Monkey Bridge, Tyre Bridge, Commando Bridge, Small Log Bridge, Large Log Bridge, Russian Wall, Swing Board, Ladder Crossing, Tyre Wall & Tyre Chimney
01:30 – 02:15 PM	Lunch
02:15 – 04:00 PM	Activity – C: Fun & Amusement Activities – Archery, Rifle Shooting, Pistol Shooting, Zorbing Balls, Body Zorb, Marksmanship, Basketball with Net & Ring, Feed the Snake, Ball Throw, Ring Throw, Feeding Ball, Stilt Walk & Fun with Drum.
04:00 – 04:30 PM	Team Challenge, Group Photograph & Feedback Session
04:30 – 05:00 PM	Valedictory Ceremony, Certificate Distribution, Evening Tea & Snacks

Contribution for Welfare of Scouts & Guides : ₹1,200/- Per Participant

The Contribution Includes :

- Participation in all Adventure Activities
- Use of Adventure Equipment and Safety Gear
- Services of Qualified Adventure Instructors
- Welcome Refreshment
- Lunch
- Evening Tea & Snacks
- Drinking Water
- Souvenir

- Participation Certificate

Special Rebate :

To encourage greater participation in adventure activities, the following concessions are available:

For Members of The Bharat Scouts and Guides :

- Scouts / Guides
- Rovers / Rangers
- Unit Leaders (Scout Masters, Guide Captains, Rover Leaders & Ranger Leaders)

Special Rebate: 25% Discount + One (01) Unit Leader / Group In-charge will be admitted FREE for every 10 paid student participants.

Contribution after Rebate: ₹900/- per participant (Original Contribution: ₹1,200/-)

For School / College / Institutional Groups (Other than The Bharat Scouts and Guides) :

Group Size	Rebate	Net Contribution
Up to 25 Participants	Nil	₹1,200/- per participant
26-50 Participants	10% Discount	₹1,080/- per participant
51 Participants & Above	20% Discount	₹960/- per participant

Only one concession/rebate scheme shall be applicable.

Complimentary Escort / Group Leader :

- One (01) Escorting Teacher / Unit Leader / Group In-charge will be admitted FREE for every 10 paid student participants.
- The complimentary Escort/Unit Leader will be entitled to all programme facilities, including adventure activities, meals, souvenir and participation certificate.
- For groups exceeding 10 participants, the number of complimentary escorts shall be calculated on the basis of one free escort for every complete block of 10 paid participants.

Terms & Conditions :

- The above rebates and complimentary escort benefit are **not cumulative** unless specifically approved by the State Headquarters.
- The 25% rebate for Scouts, Guides, Rovers, Rangers and Unit Leaders is applicable only on production of a valid membership/registration.
- Group discounts are applicable only when the entire group is registered and the participation contribution is deposited through a single institution/organization.
- The decision of The Bharat Scouts and Guides, Uttar Pradesh regarding eligibility for rebates and complimentary escorts shall be final.

Participants Should Bring :

- Sports T-Shirt
- Sports Trouser / Track Pants
- Sports Shoes
- Water Bottle

- Diary & Pen
- Cap
- Small Backpack
- Personal Medicines (if required)

Documents Required :

Participants must submit the following documents at the time of reporting:

1. Duly filled and signed Application Form.
2. Medical Fitness Certificate and Risk Certificate.
3. Parent's Consent Form (Mandatory for participants below 18 years of age).

Who Can Participate?

1. Open to all Male and Female participants between 12 and 50 years of age.
2. Members of Adventure Clubs, Schools, Colleges, Youth Organizations and The Bharat Scouts and Guides.
3. Participants should be medically and physically fit to undertake adventure activities.
4. One Escort must accompany every group of 8–15 participants.
5. A Lady Escort is compulsory for every group of female participants.
6. Students without an Escorting Teacher/Group Leader will not be permitted.
7. Escorts must also register, pay the full participation contribution and submit the Application Form, Medical Fitness Certificate and Risk Certificate.
8. The maximum age limit for an Escorting Teacher is 50 years (Male/Female).

Reporting Time : 07:30 AM

Programme Timing : 08:00 AM – 05:00 PM

Dress Code :

Sports T-Shirt, Sports Trouser/Track Pants and Sports Shoes are compulsory for all participants.

Important Instructions :

- Follow all safety instructions issued by the Adventure Instructors.
- Safety equipment provided by the Centre must be used wherever required.
- Consumption of alcohol, tobacco or any intoxicating substance is strictly prohibited.
- The programme schedule may be modified depending upon weather conditions and operational requirements.

SPECIAL REBATE :

For Members of The Bharat Scouts and Guides :

Applicable for:

- Scouts / Guides, Rovers / Rangers, Unit Leaders

Special Rebate: **25% Discount**

Contribution after Rebate: ₹900/- per participant (Original Contribution: ₹1200/-)

Additionally,

One (01) Unit Leader / Group In-charge shall be admitted **FREE** for every **10 paid** participants.

For School / College / Institutional Groups :

Group Size	Rebate	Net Contribution
Up to 25 Participants	Nil	₹1,200/- per participant
26-50 Participants	10% Discount	₹1,080/- per participant
51 Participants & Above	20% Discount	₹960/- per participant

Only one concession/rebate scheme shall be applicable.

Complimentary Escort / Group Leader

- One Escorting Teacher / Group In-charge shall be admitted free for every 10 paid participants.
- Complimentary Escorts shall be entitled to all programme facilities.
- One free escort shall be admissible for every complete block of 10 paid participants.

CONTRIBUTION INCLUDES

-  Participation in all Adventure Activities
-  Use of Adventure Equipment and Safety Gear
-  Services of Qualified Adventure Instructors
-  Welcome Refreshment, Lunch, Evening Tea & Snacks, Drinking Water
-  Souvenir & Participation Certificate

CONTACT US

-  E-mail - upscoutsguides@yahoo.com
-  WhatsApp No. - 8707324182
-  mobile No. -

BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Training & Adventure Centre, Prayagraj



**STATE TRAINING & ADVENTURE
CENTRE, BSG, U.P. PRAYAGRAJ**



ONE DAY ADVENTURE PROGRAMME

Programme Duration: 08:00 AM - 05:00 PM

BHARAT SCOUTS AND GUIDES, UTTAR PRADESH

State Training & Adventure Centre, Prayagraj

Adventure Begins Here – Prayagraj A new era of adventure, learning, and leadership is arriving in Prayagraj. The Bharat Scouts & Guides, Uttar Pradesh Adventure Centre, Prayagraj is set to become a premier destination where young minds will discover courage, confidence, teamwork, and lifelong skills through exciting outdoor adventures. Established under the visionary leadership of Dr. Mahendra Kumar Singh, President, and Dr. Prabhat Kumar, State Chief Commissioner, this state-of-the-art centre is designed to inspire Scouts, Guides, students, and youth to challenge themselves in a safe and dynamic environment. From thrilling adventure activities and outdoor challenges to leadership development, personality enhancement, and environmental awareness programs, every experience at the centre is crafted to nurture responsible, confident, and future-ready citizens.

HIGH ROPE ACTIVITIES

SKY CYCLING

Sky Cycling is an exciting adventure activity where you ride a bicycle on a suspended cable high above the ground with complete safety.



RAPPELLING

Rappelling is an exciting adventure activity where participants descend a vertical cliff or wall using ropes and safety equipment.





ZIP LINE

Zip Line is an exciting adventure activity where you glide through the air on a strong cable while securely attached with a safety harness.



WALL CLIMBING

Climbing is an exciting adventure activity where participants climb a vertical wall or rock using safety equipment and proper techniques.



GROUND LEVEL ACTIVITIES

1	V-Type Plank Bridge
2	X-Type Plank Bridge
3	Burma Bridge
4	Monkey Bridge
5	Tyre Bridge
6	Commando Bridge
7	Small Log Bridge
8	Large Log Bridge
9	Russian Wall
10	Swing Board
11	Ladder Crossing
12	Tyre Wall
13	Tyre Chimney



FUN ACTIVITIES

1	Archery
2	Rifle Shooting
3	Pistol Shooting
4	Zorbing Balls
5	Body Zorb
6	Marksmanship
7	Basketball with Net & Ring
8	Feed the Snake

